

MEN

ARE YOU ASKING YOURSELF: WHAT NOW? WHAT NEXT?

STARTING OVER WHEN
YOU THINK YOU'RE
FINISHED



A six-week course for men who are dealing with change and transition

Emily Drzymala MSW, Ph.D. (Ed.), RSW & Denise Renschler MSW, RSW

WHEN: Thursdays 7 - 9 pm
September 30, October 7, 14, 21, 28, and November 4, 2010

LOCATION: Holiday Inn Meeting Rooms
4206 MacLeod Trail South
Calgary, AB

FEES: \$450 (Value: \$75 per class session)

*Fee includes pre-session consultation to match your needs with the course.
Fees may be claimable on some private insurance plans.*

WHAT IS THE COURSE ABOUT?

- The Nuts and Bolts of Change and Transition
- Doing an Inventory of Your Personal Strengths
- Strategies for Making an Effective Comeback
- Constructing Your Action Plan
- Setting Up for Tomorrow's Possibilities

For more information and/or an appointment for pre-course consultation,
please contact:

Denise at 403.808.5225 | Emily at 403.220.9313